



## October update - October 26, 2020

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Dear St. Agnes Junior High School students, families, and community,

As we approach November, I would like to share a few reminders related to school:



Our school is located on Mumford Road and it is a busy artery for vehicular traffic daily. Over 26000 vehicles use this route each day to move about our city. It is extremely important for students to **use the marked crosswalks and obey pedestrian signals** near our school and on surrounding streets.



The level of cooperation among our students with wearing **masks** has been excellent though there is still room for improvement. We do have masks available in the main office if a student forgets theirs but please remind your student to put an extra one in their bag. Non-medical masks should be worn in a manner that covers a student's nose and mouth.



**Bottled water** dispensers are available on both floors of our school for students to use. We do recommend our student's arrive at school with a full refillable bottle to limit excess movement throughout the school. Being properly hydrated, "is crucial to staying healthy and maintaining the function of every system in your body, including your heart, brain, and muscles". (The Importance of Staying Hydrated -Harvard Health Publishing - Harvard Medical School June 2015)

Directional arrows were placed on the floors prior to school starting in September. Students are reminded to follow these as they are in place to assist with traffic flow when returning inside from an outdoor learning opportunity or during a transition to physical education class in our school gymnasium.



- Please remember to conduct a daily self assessment/ wellness check - <https://novascotia.ca/coronavirus/docs/Daily-COVID-checklist-en.pdf> prior to setting out for school each day. Our shared health is our shared responsibility - [https://www.hrce.ca/sites/default/files/hrsb/shared health shared responsibility.pdf](https://www.hrce.ca/sites/default/files/hrsb/shared_health_shared_responsibility.pdf) Information is contained in the links above. **If your child is absent** from school please call (902) 493-5132 and **let us know**.
- Public Health will be at our school on November 3 to begin the first part of **grade 7 vaccination program**. Information was sent out to all g 7 students earlier this fall in late September.



Our **school bus** times have undergone an **adjustment**. Impacted riders should have received notifications over the weekend regarding the updated times. Today was certainly an **improvement**.

Our Remembrance Day ceremony will be pre-recorded and available for viewing in classrooms on November 10. Wednesday November 11<sup>th</sup> is Remembrance Day. Lest we forget.

