

WELCOME BACK TO PE!



Mr. Ryan & Mr. Starzomski

NEW YEAR
NEW TEACHER
NEW EXPECTATIONS

THIS YEAR IN PE

Mr. Ryan and Mr. Star are very excited to be back teaching all of our St. Agnes Gators!

Here are a couple quick things that need to be covered at the start of this Phys. Ed. year



GYMNASIUM ROUTINES



Two types of students on the first day of school.

- Coming Prepared
- Listen & Follow Instructions
- Changing and Change Rooms
- Backpacks & Cell Phones
- Equipment room(s)
- Stage & washroom
- Fire Drills & Other Alerts

PHYSICAL EDUCATION 8 & 9: DAILY EXPECTATIONS

- Respects and appreciates others and their abilities
- Come prepared to class with appropriate footwear and PE gear
- Listens to and follows instructions
- Gives personal maximum effort towards each task
- Participates in all activities
- Be willing to learn and improve individual skills
- Displays leadership qualities
- Participates safely

PHYSICAL EDUCATION 8 & 9: OUR OUTCOMES

Below is an overview of the curriculum outcomes for Grade PE. These outcomes will be covered over the duration of the three terms, using a variety of activities and assessments. Outcomes in class include:

- Participation in various physical pursuits.
- Skill development.
- Improving physical fitness.
- Analyzing and managing risk

- Listening to instructions and implementing peer or teacher feedback.
- Collaboration and communication

HOW ARE YOU ASSESSED?

4... What Mr. Ryan asked and MORE!...

3... What Mr. Ryan asked of me...

2... More I could do...

1... Didn't do what should be done...



EQUIPMENT

Mr. Ryan and Mr. Star expect the most out of you as a collective group. Equipment is incredibly important to our success in PE. We must take care of our equipment.

ATHLETICS - GO GATORS!

We want everyone to feel welcome trying out for teams! We are all extremely excited to deliver the best possible extracurricular experiences for our students. Please pay attention to the St.Agnes twitter page and *maybe* new athletics website for updates regarding athletic teams, practices, tryouts and more!

Here are a few of our teams this year...

- Cross-Country Running
 - Soccer
 - Volleyball
- Flag Football
 - Kinball?
- Table Tennis?
- Basketball
- Badminton
- Track & Field
 - Softball



LET'S PLAY SOME GAMES!